

Realize Your Dreams With A Life Plan



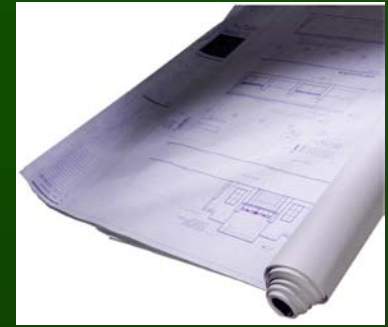
What is the definition of a successful life?

Suc-cess: *(as defined by Webster's Dictionary)*

1. Favorable result or conclusion; attainment of desirable condition. 2. Attainment or acquisition of wealth, status, or other desirable condition.

Do you know what your favorable result, conclusion and/or desirable condition is?

What is a Life Plan?



A Life Plan is a written list of all your dreams and goals in every area of your life that includes individual action plans on how to achieve them.

Who needs a Life Plan?

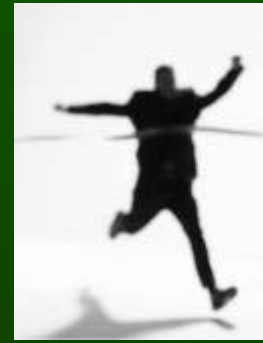


Would you tell me, please, which way I ought to go from here? That depends a good deal on where you want to get to, said the Cat. I don't much care where, said Alice. Then it doesn't matter which way you go, said the Cat.

Lewis Carol

“Alice in Wonderland”

What we'll cover today...



- How to create your own personal Life Plan.
- How to realize all your dreams and goals with a Life Plan.

What do the experts say about Life Planning and Goal Setting?

“If you don't design your own life plan, chances are you'll fall into someone else's plan. And guess what they have planned for you? Not much.”

Jim Rohn
America's Foremost
Business Philosopher

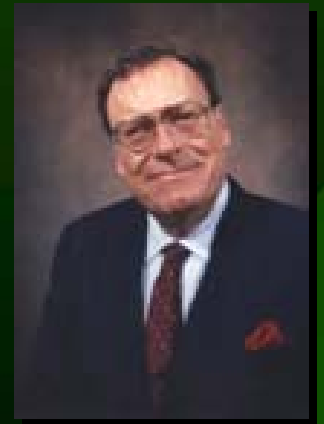


What do the experts say about Life Planning and Goal Setting?

“People with goals succeed because they know where they're going.”

Earl Nightingale

Radio Announcer, Motivational Speaker



What do the experts say about Life Planning and Goal Setting?

“If you don't know where you are going, you might wind up someplace else.”

Yogi Berra
American Baseball Player



We can see success in planning every day of our lives...



Architectural Planning



Business Planning



Marketing Plans



City Planning



Tax Planning



Financial & Estate Plans

So Why Don't We Plan?



- Time – too busy
- Energy – too much energy required
- Fear of failing – too risky
- Rejection – too uncomfortable
- Lack of knowledge – today will help

How to create a Life Plan: Step 1

What would really do it for you?



Career/Business

Health

Education

Pleasure/Leisure

Family/Relationships

Public Service

Finances

Spiritual

How to create a Life Plan: Step 2

WHY?

When the WHY becomes stronger the
HOW becomes easier!

How to create a Life Plan: Step 3

WHEN?

We must set a deadline!

How to create a Life Plan: Step 4

HOW?

We must have S.M.A.R.T. Goals and Action steps to realize our dreams!

How to create a Life Plan...

S.M.A.R.T. Goal Setting:

- S-Specific
- M-Measurable
- A-Agreed upon
- R-Realistic
- T-Time Sensitive

Dream Example: I want to lose 30 lbs. by Jan. 1, 2006

Goal Example: I want to lose 5 lbs. by June 1, 2005

How to create a Life Plan...

Action Steps:

Divide your movements into easy-to-do sections. If you fail, divide again.

Peter Nivio Zarlenga
Founder of Blockbuster Videos

Dream Example: I want to lose 30 lbs. by Jan. 1, 2006

Goal Example: I want to lose 5 lbs. by June 1, 2005

Action Step Example: Obtain a membership at a fitness center by
May 1, 2005.

How to accomplish all your dreams and goals with a Life Plan...

- Visualize your success
- Adjust your philosophy
- Review your plan often - Airline Pilot/Contractor
- Self discipline
 - Disaster: A few errors in judgment repeated every day.
 - Success: A few disciplines repeated every day.
- Remove the roadblocks (fear, doubt, etc.)

How to accomplish all your dreams and goals with a Life Plan...

- Know there's a cost for everything
- No excuses – Take Responsibility
- Positive association
- Persist until you succeed
- Do something every day

eLifePlans.com Home Page

eLifePlans.com Welcome to eLifePlans

Email Password **LOG IN**

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Do You Have Big Dreams To Achieve?
Learn how an eLife Plan can help you!

CREATE YOUR eLIFEPLAN **BECOME AN eLIFE COACH** **BECOME AN eLIFE ADVISER**

Free 30-Day Trial! Do you have an Activation Code? **SUBMIT**

Bring Focus, Clarity and Purpose To Your Life With...

eLifePlans.com

The World's #1 Site For Personal And Professional Development

eLifePlans.com can help you...

- ▶ Achieve Your Biggest Dreams And Goals **VIEW eLIFEPLANS DEMO**
- ▶ Live A Successful And Significant Life
- ▶ Bring Balance Back To Your Life
- ▶ Improve Your Life
- ▶ Become A Financial Success

FREE 30 DAY TRIAL!

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View Demo

Realize Your Dreams...

An eLife Plan helps you accomplish your biggest Dreams and Goals for each of the following life categories:

An online Life Planning system that was developed to help individuals create and maintain a personal, online Life Plan.

Complimentary eLife Plan

You can use my eLife Coach Activation Code to complete your eLife Plan with a Complimentary 30-Day Trial @ eLifePlans.com! (NO CREDIT CARD REQUIRED)

The screenshot shows the eLifePlans.com website interface. At the top left is the logo "eLifePlans.com". To the right are input fields for "Email" and "Password", with a "LOG IN" button. Below the header is a navigation menu with links: "ABOUT eLIFEPLANS.COM", "YOUR eLIFE PLAN", "TRAINING AND EVENTS", "RESOURCES", and "eLIFE COACHES/ADVISERS".

Below the navigation menu, there are three buttons: "CREATE YOUR eLIFEPLAN", "BECOME AN eLIFE COACH", and "BECOME AN eLIFE ADVISER".

On the left side, there is a promotional banner with the text "Do you Have Big Dreams To Achieve? Learn how an eLife Plan can help you!" and an image of a family.

On the right side, there is a section titled "Free 30-Day Trial! Do you have an Activation Code?" with an input field and a "SUBMIT" button. A red arrow points to the "SUBMIT" button.

Below this section is the text "Bring Focus, Clarity and Purpose To Your Life With...." followed by the "eLifePlans.com" logo and the tagline "The World's #1 Site For Personal And Professional Development".

Creating Your Profile

Create Your eLifePlans.com Profile

First Name *

Last Name *

Email *

Phone # *

Referred By

Name of person that referred you to eLifePlans.com.

Password *

Product Code

If you have a Product Code for eLifePlans.com, enter it here.

How often would you like to be reminded via email to view your eLifePlan?

Every Monday

Partner Info

Would you like to share your life dreams with a spouse/partner?

Yes No

Register me for eLifePlans.com weekly e-zine with helpful Life Planning Tips on how to Realize My Dreams and Goals.

SUBMIT

The eLifePlan Wizard

Creating your eLife Plan

Your Life WITHOUT an eLife Plan



Your Life WITH an eLife Plan



Your eLife Plan is a complete list of all your dreams, goals and aspirations pulled together into a workable plan that you can review regularly to ensure you are getting the most out of your life. In the next few screens you will be able to create your eLife Plan by selecting dreams in a total of 8 different categories from our pre-loaded dream library or you can create your own. You will also be able to add, delete and edit dreams within your eLife Plan once you've completed the eLife Planning Wizard.

Note: Dreams you add during the wizard are not saved to your eLife Plan until you click Finish on the last step, or Save and Exit.

[CONTINUE](#)

Your eLife Coach

John Coach

[MORE INFO](#)



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Helpful Information

[Why Dream Big?](#)

[Goals](#)

There are 8 categories in the wizard

Creating your eLife Plan Category 1 of 8

- Get a promotion
- Grow my territory/business
- Improve corporate profitability
- Improve my leadership skills
- Improve my managerial skills
- Improve my sales and marketing skills
- Improve my time management skills

Simply select the appropriate dreams to add to your eLife Plan or create your own custom dreams.

Enter your own dreams for this category:

<input type="text"/>	<input type="text" value="Share dream with my Partner and Coach"/>
<input type="text"/>	<input type="text" value="Share dream with my Partner and Coach"/>
<input type="text"/>	<input type="text" value="Share dream with my Partner and Coach"/>

Note: Dreams you add during the wizard are not saved to your eLife Plan until you click Finish on the last step, or Save and Exit here.

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[Resources Section](#)

Next Step...View Plan & Prioritize!

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Welcome Joe! [LOG OUT](#)

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eLife Plan Wizard

Congratulations!


You have finished adding dreams to your eLife Plan. Your next step to Realize Your Dreams is to prioritize the dreams you've established by establishing due dates and by creating action plans to help you achieve them. To add a due date and/or an Action Plan to a dream just select the individual dream on the following page. All dreams selected from our *Dream Library* come with a sample Action Plan of Goals and Action Steps that can be edited or deleted at any time.

Follow the link below to start taking control of your life.

[VIEW YOUR eLIFEPLAN](#)

TODAY IS 5/27/2005

Your eLife Coach

John Coach 
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Your eLife Plan Home Page

Your home page at eLifePlans.com

TODAY IS 5/27/2005

Personal Life

Financial Life

Expert Advice

ENTER eLIFE WIZARD

eLIFE PLAN HELP

Career/Business

MORE INFO ADD DREAM

PRIORITIZE MY DREAMS NOW

Due Complete

Start my own business



None



Education

MORE INFO ADD DREAM

Due Complete

Get my Real Estate license



None



Family/Relationships

MORE INFO ADD DREAM

Due Complete

Re-Establish a relationship with a family member or friend



None



Financial

MORE INFO ADD DREAM

Due Complete

Become totally debt free



None



Have a net worth a one million dollars



None



Health

MORE INFO ADD DREAM

Due Complete

Lose weight



None



Pleasure

MORE INFO ADD DREAM

Due Complete

Buy a motorhome and travel the U.S.



None



Public Service

MORE INFO ADD DREAM

Due Complete

Donate to a scholarship program at my college



None



Spiritual

MORE INFO ADD DREAM

Due Complete

Clarify what I believe and why I believe it



None



Other

MORE INFO ADD DREAM

Your eLife Coach

John Coach

MORE INFO



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Dream Shared With

- Partner and Coach
- Coach
- Partner
- Not Shared

Creating An Action Plan

Personal Life
Financial Life
Expert Advice
ENTER eLIFE WIZARD
eLIFE PLAN HELP

Dream, S.M.A.R.T. Goals and Action Steps

EDIT DELETE

Dream: [Start my own business](#)

Purpose: [None](#)

Date Due: [None](#)

Remind Me: [Never](#)

Share Setting: [Share dream with my Partner and Coach](#)

[Add Goals](#) and Action Steps below to help you accomplish your dreams!

PRIORITIZE MY GOALS NOW

Goal	Steps Completed	Due	Set Reminder	Completed
Goal: Write out a business and marketing plan on how to make my business idea turn a profit.	<div style="width: 50%; background-color: #800000; height: 10px; margin-bottom: 2px;"></div> <div style="width: 50%; background-color: #ccc; height: 10px; margin-bottom: 2px;"></div> 50%			

 None | Never | || **Action Steps:** | | | | |
Schedule a day to create the plan		None	Never	
Buy a book on writing a business plan		None	Never	
ADD ACTION STEP				
Goal: **Attend a Franchise Trade Show to learn more about business opportunities**	0%			

Your eLife Coach

John Coach

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Mark this step as complete / incomplete

Your Completed Dreams Page

Your Completed Dreams and Goals

TODAY IS 5/27/2005

Completed Dreams and Goals by Categories

Career/Business	Completed
Education	Completed
Get my Real Estate license	<input checked="" type="checkbox"/>
Family/Relationships	Completed
Financial	Completed
Health	Completed
Pleasure	Completed
Public Service	Completed
Donate to a scholarship program at my college	<input checked="" type="checkbox"/>
Spiritual	Completed
Other	Completed

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Your Financial Checklist

Personal Life
Financial Life
Expert Advice
ENTER eLIFE WIZARD
eLIFE PLAN HELP

Financial Life Checklist

Dream: Complete My Financial Life Checklist

Purpose: To ensure I have a complete Financial Life Plan to achieve my dreams and goals.


Add Goals and Action Steps below to help you accomplish your dreams!

Goal: Review/Create Financial Plan	Steps Completed	Review Again	Set Reminder	Completed
	<input type="text" value="0%"/>	<u>None</u>	<u>Never</u>	<input type="checkbox"/>
GET EXPERT ADVICE				
Action Steps:				
Review/Create/Update budget and net worth stmt.		Due: <u>None</u>	Set Reminder <u>Never</u>	Completed <input type="checkbox"/>
Complete debt analysis and reduction strategy		Due: <u>None</u>	Set Reminder <u>Never</u>	Completed <input type="checkbox"/>
Review current assets and investments		Due: <u>None</u>	Set Reminder <u>Never</u>	Completed <input type="checkbox"/>
Review/Create/Update financial goals.		Due: <u>None</u>	Set Reminder <u>Never</u>	Completed <input type="checkbox"/>
Review/Create/Update college fund		Due: <u>None</u>	Set Reminder <u>Never</u>	Completed <input type="checkbox"/>
Review/Create/Update investment/savings plan		Due: <u>None</u>	Set Reminder <u>Never</u>	Completed <input type="checkbox"/>

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Expert Advice Section

Personal Life **Financial Life** **Expert Advice** [ENTER eLIFE WIZARD](#) [eLIFE PLAN HELP](#)

Get Expert Advice From Your eLife Coach
Select the areas you would like advice:

Financial Planning <ul style="list-style-type: none"><input type="checkbox"/> Comprehensive review<input type="checkbox"/> Wealth Transfers<input type="checkbox"/> Taxes<input type="checkbox"/> Multi Generational Planning<input type="checkbox"/> Retirement<input type="checkbox"/> Fixed Income<input type="checkbox"/> College Funding<input type="checkbox"/> Business Buy-Sell AgreementOther <input type="text"/>	Personal Insurance <ul style="list-style-type: none"><input type="checkbox"/> Life Insurance<input type="checkbox"/> Health Insurance<input type="checkbox"/> Disability Insurance<input type="checkbox"/> Cancer Insurance<input type="checkbox"/> Long Term Care Insurance<input type="checkbox"/> Auto Insurance<input type="checkbox"/> Home Insurance<input type="checkbox"/> Renter's InsuranceOther <input type="text"/>	Business Insurance <ul style="list-style-type: none"><input type="checkbox"/> Life Insurance<input type="checkbox"/> Health Insurance<input type="checkbox"/> General Liability<input type="checkbox"/> Professional Liability<input type="checkbox"/> Property Insurance<input type="checkbox"/> Commercial Auto Insurance<input type="checkbox"/> Crime Insurance<input type="checkbox"/> Director's/Officers' InsuranceOther <input type="text"/>
Mortgages/Debt Reduction <ul style="list-style-type: none"><input type="checkbox"/> Refinance<input type="checkbox"/> Home Equity Loans<input type="checkbox"/> Home Equity Lines of credit<input type="checkbox"/> Debt Consolidation loans<input type="checkbox"/> Bi-Weekly Payment Programs<input type="checkbox"/> Interest Savings Analysis<input type="checkbox"/> PurchaseOther <input type="text"/>	Tax Planning <ul style="list-style-type: none"><input type="checkbox"/> Tax Savings Analysis<input type="checkbox"/> Asset Protection<input type="checkbox"/> Entity Selection (C-Corp, S-Corp, LLC, LLP, etc.)<input type="checkbox"/> Maximizing deductionsOther <input type="text"/>	Estate Planning <ul style="list-style-type: none"><input type="checkbox"/> Will(s)<input type="checkbox"/> Living Trusts<input type="checkbox"/> Irrevocable Trusts<input type="checkbox"/> Asset ProtectionOther <input type="text"/>
		Personal Executive Coaching <ul style="list-style-type: none"><input type="checkbox"/> Personal Coaching<input type="checkbox"/> Executive CoachingOther <input type="text"/>

[SEND REQUEST FOR EXPERT ADVICE](#)

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Benefits of creating an eLife Plan?

- Balance, Focus and Direction
- Accessible and easy to locate
- Structured eLife Planning Wizard
- Organized Goal Setting and Action Step(s) Process
- Completed Dream Success Page
- Ability to Prioritize dreams and goals based on Due Dates
- Email reminders
- Helpful information section
- Financial Life Checklist

Complimentary eLife Plan

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Complimentary Coaching Session

To receive your *Complimentary eLife Plan Coaching Session* please call today!

